

“Standing Up, Standing Out, Standing Proud”

Colorado Prime Times

Serving the Denver Gay Community For 32 Years
Volume 32, Number 3 **March, 2019**



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I Was Tortured in Gay Conversion Therapy. And It's Still Legal in 41 States.



In the early 2000s, when I was a middle schooler in Florida, I was subjected to a trauma that was meant to erase my existence as a newly out bisexual. My parents were Southern Baptist missionaries who believed that the dangerous and discredited practice of conversion therapy could “cure” my sexuality.

For over two years, I sat on a couch and endured emotionally painful sessions with a counselor. I was told that my faith community rejected my sexuality; that I was the abomination we had heard about in Sunday school; that I was the only gay person in the world; that it was inevitable I would get H.I.V. and AIDS.

But it didn't stop with these hurtful talk-therapy sessions. The therapist ordered me bound to a table to have ice, heat and electricity applied to my body. I was forced to watch clips on a television of gay men holding hands, hugging and having sex. I was suppose to associate those images with the pain I was feeling to once and for all turn into a straight boy. In the end it didn't work. I would say that it did, just to make the pain go away.

continued on next page

I have begun to repair the damage that conversion therapy caused me and my family. But the failed promise of change has very likely caused a permanent tear in our relationship.

Many think that conversion therapy . . . the snake oil idea that you can forcibly change someone's sexual orientation or gender . . . is an artifact of the past, a medieval torture practice. But in fact it is still legal in 41 states, including so-called progressive ones like New York and Massachusetts. New York City fully banned the practice only just recently.

Today I am proudly bisexual and gender fluid, and I serve as the head of advocacy and government affairs for the Trevor Project, the world's largest suicide prevention and crisis intervention organization for L.G.B.T.Q. youth. We constantly hear from survivors of conversion therapy who have been so hurt that they are contemplating suicide. So we know the severity of the problem.

A new report tells us just how huge it is. Nearly 700,000 adults in the country have received conversion therapy at some point, including about 350,000 who received the treatment as adolescents, according to a study by the Williams Institute, a think tank on sexual orientation and gender identity law and public policy at U.C.L.A.

It is heartbreaking that the study estimates that 20,000 L.G.B.T.Q. teens will receive conversion therapy from a health care professional before they turn 18. An even larger number of youth, an estimated 57,000 teenagers, will receive the treatment from a religious or spiritual adviser before adulthood.

Every prominent professional health association, including the American Medical Association, the American Psychological Association and the American Academy of Pediatrics, opposes the use of the conversion therapy on youth, calling it harmful and ineffective.

The practice can be performed by a licensed therapist in an office, in a correctional style campground, by a parent continuously punishing a child for acting too feminine or by a pastor who wants to pray gay away. The

trauma of conversion therapy can cause depression, suicidal ideation, family rejection and a whole host of horrors that children must then face without the knowledge that mental health professionals are supposed to help rather than harm.

That's why we are leading a campaign to pass legislation to ban conversion therapy in every state. Working with partners across the country . . . in particular the National Center for Lesbian Rights and the Human Rights Campaign . . . we've made significant progress. Nine states, the District of Columbia and 32 localities have laws protecting kids under the age of 18 from receiving conversion therapy from licensed health care professionals. The Williams Institute study shows that 6,000 teenagers would have undergone treatment before they reached 18 if their state had not banned the practice.

In the past recent weeks, Virginia, Washington, Arizona and Missouri have introduced bills to ban conversion therapy. But there are still challenges in stopping this barbaric practice. In fact, New Hampshire recently rejected an effort to protect L.G.B.T.Q. youth from conversion therapy with a close vote in the Legislature, being swayed in favor of allowing the practice to continue; many legislators falsely believe that no such practice could exist. The new data from the Williams Institute shows just how wrong they are.

I vividly remember calling the Trevor Project a decade ago as a young college student who was just realizing that the trauma of conversion therapy had devastated my ability to cope with the myriad challenges L.G.B.T.Q. youth must survive on a daily basis. I now hear similar stories of calls just like mine. We must pass legislation to stop licensed therapists who seek to harm L.G.B.T.Q. youth with conversion therapy. Everyone should know that you can't change what you never chose.

Sam Brinton

Sam Brinton is the head of advocacy and government affairs at the Trevor Project, which provides crises intervention and suicide prevention services to L.G.B.T.Q. youth.

**The Colorado Prime Timers
is proud to give a BIG**



**Mike Fritchlee
Larry Gallegos
We now have 175 members**

**FEBRUARY LUNCH ATTENDANCE
FEB. 6, 40 FEB. 13, 45 FEB. 20, 45**

JANUARY FINANCIAL REPORT

Revenue	
Membership Renewals	\$270.00
Monthly Total Revenue	\$270.00
Expenses	
Birthday meal cards (2)	\$18.46
Newsletter printing	\$75.00
Newsletter postage	\$130.00
CPT PrideFest booth	\$355.00
CPT PrideFest Liability Ins.	\$67.38
Roster: ink, labels, print	\$200.32
Worldwide Dues	\$328.00
Monthly Total Expenses	\$1,174.16
Net Monthly	-\$904.16
Month end checking balance	\$503.55
Savings balance	\$7,889.00
Total in accounts	\$8,392.55

**THE PURPOSE OF THE
COLORADO PRIME TIMERS**

As a local Chapter of Prime Timers Worldwide we provide mature gay and bisexual men (and their admirers) opportunities to gather in a supportive atmosphere, and enjoy social, educational, and recreational activities.

We create a diverse amount of events. We insure affordable events so that every member can find interesting activities with which to be able to actively participate and enjoy the camaraderie with other older gay and bi-men.

The organization is not a religious or

political organization. However, it is concerned with the impact that social, economic and political changes have on us as aging gay and bisexual men.

Prime Timers Worldwide is an organization with more than 8000 members in 78 Chapters in cities throughout the United States, Australia, Canada, Israel and 37 states out of the 50. Your membership in the Colorado Prime Timers Chapter entitles you to privileges in any of the Chapters of the Prime Timers Worldwide organization. The contact information for each Chapter is available to download. The Prime Timers Worldwide web site:
www.primetimersww.com.

FOR YOUR INFORMATION

NEWSLETTER AD RATES

Ad rates are for a 3-inchX2-inch (business card size) black and white or color are \$10.00 per month, \$35.00 for 4 months, \$50.00 for 6 months, and \$100.00 for 12 months. Ads are required to be paid for at the beginning of the year (January 1.) Noncommercial ads are free to CPT members. Members may also share personal items such as wedding, anniversary, illness, and deaths free of charge. To advertise contact the Newsletter Editor, Dick Moore, at 720.638.1080, or e-mail operaghost198838@yahoo.com. Any attachments must be sent to Dick pdf.

MEMBERSHIP DUES

Yearly membership dues are \$20.00 per member and \$25.00 for couples living at the same address. Dues are due payable when you join and yearly dues are paid on your anniversary date and no later than 30 days after that date. You can send your payment to Colorado Prime Timers, P.O. Box 300274. Denver, Colorado 80203 or you can pay the Membership Director, at any Wednesday Luncheon.



LUNCHEON AT THE GOLDEN CORRAL

Don't forget the Wednesday Nooners Luncheon for a delightful lunch and munch brunch experience that meets every Wednesday. **No sign up, no reservations.** Just come and enjoy the food and conversation with your fellow Prime Timers. Guests are always welcome.

The Golden Corral is an American family-style restaurant chain serving breakfast, lunch and dinner, and featuring a large all-you-can-eat buffet and grill offering numerous hot and cold dishes, a carving station and their Brass Bell Bakery.

Tell the cashier that you are with the Colorado Prime Timers to receive the \$9.23 lunch price.

Price does not include gratuity!!!

**Social Hour & Lunch
11:00 am to 1:00 pm
3677 South Santa Fe Drive
Sheridan, Colorado 80110**

HAPPY BIRTHDAY

Stephen Schneider, 1st
Tim Tormoen, 1st
Ray Miller, 3rd
Dennis Oliver, 5th
Bob McSherry, 10th
Tone Ellis De Jesus, 13th
Joe Contardo, 14th
Renaldo Mireles, 15th
Edward McNeil, 19th
Don Ross, 22nd
Carl Shepherd, 23rd
Maurizio Russo, 23rd
Kim Zeeb, 29th
Raymond Macon, 29th
David Loibl, 31st
Paul Scott, 31st



***Free lunch card if you attend lunch that Wednesday of your birthday!**

NEWSLETTER DEADLINE

The **April** Newsletter deadline for all articles and activities for the Newsletter **must** be turned into Dick Moore, Newsletter Editor by Wednesday, **March 20th** to be

included in the **April** edition for delivery on Wednesday, **March 27th**.

Opinions expressed in various columns with Prime Times are the sole opinions of the writer and are not necessarily of the Colorado Prime Timer organization, it's Board or Editor. All articles, dates and times are subject to change.

FUTURE ACTIVITIES

For detail information about each activity or event please refer to the information in this Newsletter or use the sign up sheet at the Wednesday Luncheon. Be courteous and RSVP, the event's host no later than the reservation deadline. Those who sign up or RSVP the event's host will guarantee a spot with the group, others will be accommodated as possible. If you RSVP and can't make the event, **contact the host as soon as possible.**

The following are articles, announcements, and of scheduled events for the month of March. These events can also be found on the monthly calendar (**see page 11**). If a phone number or e-mail is given, please respond as soon as possible for reservations.

If you need a ride, it may be best to contact other members on the sign up sheet personally. The event coordinator should not be expected to arrange transportation!

ACTIVITY PLANNING

Joe Saman: Activities Coordinator

For **ANY** Prime Timer's activity, you **MUST** check with Joe first. He will look at the "Master Calendar" together. Just a reminder, if you are planning an activity, make sure the date is open for your activity. Then the sign up sheet can be created either by Joe or by you for the activity. *Any member can coordinate an activity at any time!!!!*



PRIME TIMERS OUT N' ABOUT!



*Prime Timers Visit Puerto Vallarta
L-R: David Hetzel - Joe Saman - Tom Silagy -
Bruce Ruser Behind the camera: Ron Hurd*

COFFEE TIME

When: Every Monday.
Time: 8-10 am.
Where: Paneras, 640 S. Colorado Blvd.
When: Every Tuesday.
Time: 10 till noon.
Where: The LGBT Center, 1301 E. Colfax.

NIGHT ON THE TOWN

Coordinator: Charles McDonald
When: Tuesday, March 5th.
Time: 6:00 pm.
Where: 240 Union Grill, 240 Union Blvd., Lakewood, 80220.
Call or e-mail: Charles McDonald at 303.520.3120 or chefcharlesd@gmail.com to RSVP **no later than Wednesday, February 27th. Reservations are a must.**
INFO: The Union Grill has seafood specials, wood-fired pizzas and other American fare in an airy, stripmall location.

BOARD MEETING

President: Dick Moore
When: Wednesday, March 6th.
Time: Right after lunch.
Where: Golden Corral, 3677 S. Santa Fe Drive.
Agenda: Treasury report, changes and

additions to the By-Laws, Membership, report, and anything else we want to talk about. **All members are always welcome to attend!**

HAND, KNEE, FOOT CARDS

Coordinator: Ken Krout
When: Monday, March 11th.
Time: 12:00 pm to 4:00 pm
Where: 5160 Newton St., Denver.
Call: Michael Brascia, 303.477.6751 to RSVP or use sign up sheet at lunch.
Limit 12. Make reservations no later than Wednesday, March 6th.

GENERAL MEETING

President: Dick Moore
When: Wednesday, March 13th.
Time: 12:15 pm.
Where: The Golden Corral.
Agenda: Dick reports on the February Board Meeting, Treasurerer's report, By-Laws, Membership report, and anything else we want to talk about.

OVER-EASY BREAKFAST

Coordinator: Darrel Freeland
When: Saturday, March 9th.
Time: 9:00 am.
Where: Revelry Kitchen, 4140 W. 38th Ave. 80212, 303.455.3132.
Call or e-mail: Darrel at 303.789.3897 or e-mail dffreeland@q.com to RSVP or use sign up sheet at lunch, **no later than Wednesday, March 6th.**

ST. PATTIE'S DAY POTLUCK

Coordinator: Charles McDonald
When: Saturday, March 16th.
Time: 12:00 pm to 4:00 pm.
Where: 6360 West 38th Ave. 80033
Call or e-mail: Charles, 303.520.3120 or chefcharlesd@gmail.com to RSVP or use sign up sheet at lunch.

This is a potluck and the Chapter will furnish the corn beef and cabbage with horseradish sauce and new potatoes with a Guinness stew. Everyone is expected to bring something to share. Use sign up sheet for salads, veggies, desserts of your choice.

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Reservations must be made no later than Wednesday, March 13th. Come join your fellow Prime Timers for an afternoon of Irish fun. **Wear your green.**

TRADE BEER BUST

Coordinator: Charles McDonald

Our 2nd Beer Bust at The Trade will be on **Sunday, March 31st, 3:00 pm to 7:00 pm.**

Volunteers of course are needed. Probably looking at 5 to 6 for the four hours. **You MUST stay for the duration of the Beer Bust to receive volunteer credit.**

A sign up sheet is now out. If you've a Colorado Prime Timers T-shirt, please wear it. Our buttons will also be available but bring yours if you have one.

Even if you're not volunteering, we could use your moral support. (*financially, too.*) At our 1st beer bust we raised \$357.00. Cups sold \$213.00 (71), tips \$144.00 (\$72.00 plus an unanimous donor matched the tips).

Many thanks to the following volunteers, at the first Beer Bust, Feb. 23rd: **Dick Moore, Allan Jorgensen, Michael Brascia, Howard Martin, Geof Jones and Bob Hileman.** Fun time was had by all.

Look for the full schedule of Beer Busts for the year on page 9.

OVER-EASY BREAKFAST

Submitted by Reporter-At-Large: Jim Mickel

Wonders never cease. Everyone who signed up, did show up. 17 members weathered the cold weather for our breakfast at Pete's Greek Restaurant on East Colfax.

When we walked in, things seemed to be a bit "iffy" since it didn't appear they had our table set up. We managed by setting at a couple of tables. Short on wait people. Short on menus. They really weren't prepared. No cream cheese for the French toast, no sugar free syrup. It was okay, however.

Happens once in awhile. Waiters become a little snippy when they are confronted with a mistake as our waitress did.

All in all, it turned out quite well considering

the entire experience and especially the need for another wait person.

Well, there's always next month. A big THANK YOU, Darrel for another fun breakfast experience. See you next month, March 9th.

HAND, KNEE, FOOT CARDS

Submitted by Reporter-At-Large: Jim Mickel

We met at Paul Hubble's for our card game. We ended up with ten people.

Our host was having some back pain and struggled to make things work. Mike Brascia stepped in to help.

We had a new player join us, Toby Davis. Happy to have him join us.

We played revolving door when using the bathroom as it has two doors. Some apologies were in store after being intruded. Not many places have two doors.

A special surprise from Ken Krout. He gave everyone a Lindor Chocolate. Very thoughtful.

Thank you, Paul, for hosting and hope your back is feeling better now. Our next card day will be March 11th at Michael Brascia's home. (*see page 5*).

FEB. 17TH SUNDAY BRUNCH

Submitted by Dick Moore

On a balmy Sunday afternoon 10 out of 12 Prime Timers converged on the Devil's Food (The Cookery) Restaurant on Old South Gaylord Street. Even though parking is always a problem, everyone got there on time.

This a very popular place for eating and even though we had a 12:00 pm seating, we had to wait about a half hour. The wait was well worth it.

I don't believe I have ever been to a restaurant that was really crowded where the waiter was so efficient in taking orders, not only that but making sure that everyone got their meals all at the same time. Time to pay the check. All checks delivered at once and paid just as fast as we received our meals, all at the same time. No waiting around!

It was somewhat cozy at the table but it made for conversation very easy. Didn't hear any complaints.

The food was excellent and the Bloody Mary's to die for.

Great time was had by all and our next outing for Sunday Brunch will be on Sunday, April 28th at Mimi's in Aurora.



Our friendly waiter, Eric, takes orders from Zac, Ron and Larry.



Rick, Claudio, John, Jim and Zac.

MINUTES OF THE FEBRUARY 6th BOARD MEETING

This was a very short but productive meeting due to our usual Colorado snow stormy weather.

The meeting was brought to order by President **Dick Moore** at 12:45 p.m. Present were **Dick Moore**, President; **Rafael De Jesus**, Vice-President; **Ted Carnes**, Secretary; **Bob McSherry**, Member at Large; Director **Larry Nelson**, Treasurer; **Larry Jeffries**, Membership Director; **Charles McDonald**, Director of Special Events; and **Geoff Jones** and **Ted Ruskin**, visitors.

Bob McSherry had no information to report.

Larry Nelson presented the treasurer's report and handed out copies of the annual budget report for 2019. He also handed out the financial January, 2019 report showing a negative balance of around \$900 due to extra one time only expenses. **Rafael De Jesus** made a motion to accept the report, seconded by **Charles McDonald** and was passed unanimously.

Larry Jeffries reported our present membership now at 174, mentioning there might be a loss of four who have not renewed so far. A motion to accept his report was made by **Bob McSherry**, seconded by **Charles McDonald** and was passed unanimously.

Rafael De Jesus, vice president, had nothing new to report.

Dick Moore mentioned that Rafael, Larry Nelson and he are going to review the By-Laws to see if any changes are needed, and if so, then report them first to the Board and then to the membership. Also, he said that he would assist Charles McDonald with PrideFest. He also mentioned that there are already seven people signed up to help with the 1st beer bust on February 23rd.

Larry Jeffries made the motion to adjourn the meeting and **Charles McDonald** made a second and we all agreed, quickly!!!!

The meeting was adjourned at 1:05 p.m.

The next Board Meeting will be on Wednesday, March 6th.

FOOD BANK DONATIONS

A reminder to all members - the first Wednesday of the month, members are asked to bring in a food bank donation if they are able. Phil Wade with MCC of the Rockies Food Pantry will be with us on that Wednesday to collect donations. The Food Pantry can use perishable and non-perishable food items plus hygiene/bath items, deodorants, oral care items . . .toothpaste, tooth brushes, mouthwash and infant/child supplies (diapers, wipes, etc.)



Prime Timers Worldwide Convention San Antonio

**“An Exciting Affordable Convention In
A Beautiful City!”**

Plan **NOW** for the Prime Timers trip to the picturesque city of San Antonio, Texas, October 29 -November 2.

Registration is \$175 per person for Prime Timers.

Amenities:

Free hospitality room with drinks and food provided.

A day pass on the Riverwalk river barges on the San Antonio River.

Embroidered Polo Shirt.

Educational Siminars.

Daily **FREE** hot buffet breakfast for registered guests.

Luncheon Buffet on Day 1.

Masquerade Party on Halloween.

“Golden Girls” themed final dinner buffet with the Golden Chorus entertainment.



Hotel:

The hotel is located on the banks of the San Antonio River on the famed Riverwalk. El Tropicano Riverwalk Hotel is a 275-room facility completely set aside for Prime Timers making this a wonderful experience. Room rates are at negotiated rate of \$124 for one or two persons and \$132 for three or four occupants plus taxes.

Make plans now to be in San Antonio in October, 2019.

From the President of the Colorado Prime Timers, Dick More:

Hey!! Maybe the Colorado Prime Timers chapter could host the next Worldwide Convention in 2021. Maybe before I retire as president after 17 years, at the end of 2020.

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If they can do it, I bet the Colorado Prime Timers can do it also. Let's not become a do-nothing chapter. Think about it, who knows, it could happen!!!!

Did you know why you should never leave the customer copy of your receipt at a restaurant? Yikes!

The restaurant industry is full of honest, trustworthy individuals. But, just like anywhere else, that doesn't mean it's immune from people with bad intentions.

That's why the next time you eat out, you should reconsider leaving the “customer copy” of the receipt when you go.

On a recent Reddit thread, one former restaurant worker explained that you never know when a blank customer copy might be seen as an invitation for staff to adjust your tip after you leave. And keeping your copy of the receipt will make it much easier to refute any suspicious charges should they pop up down the road.

WATCH: Should you be tipping in cash only?

Another user revealed that she goes one step further to prevent staff from tampering with her bill.

“I had a dishonest friend who I learned would change every tip that wasn't 20% to at least that. Every single one. Never got caught,” one take revealed . . . even though we all know it's polite to always tip 20% right? “Because of him, I write the total amount of my bill including tip below the numeric total and above the signature line like one would write if on a check. Every time.”

Sounds like a good idea to me? Like mama always said, you can never be too careful, can you.





Dick Moore, President

Let Me Finish

The Way I See It . . .

The Colorado Prime Timers chapter is off to a roaring start for the year 2019. I have some good news and I have some bad news, nothing really earth shattering, but things that you, as members should know and on which you will eventually have to vote. The Colorado Prime Timers chapter opened the new year on January 2nd at the Golden Corral. It was attended by approximately 1/4th of the membership.

Starting off the new year, there were some changes made to the Board of Directors. We were sorry to see Rick Knoll retire, also Joe Saman left the Board but retained his position as Activities Coordinator. We added a new Board member, title, Director of Special Events. This is now Charles McDonald. He will be taking over my duties in coordinating special activities.

Volunteers. The Webster dictionary defines "one who enters into, or offers himself for, any service of his own free will". I guess members of the Colorado Prime Timers were waiting to see how the fundraising activities are going to go.

I must mention that our own organization needs support just as other organizations in the Denver Gay community. I feel that the Colorado Prime Timers chapter could and should do more in the way of making a contribution to other organizations. For instance, many groups come to our Wednesday luncheons at the Golden Corral and some even join in to help at Beer Busts at Trade. Unfortunately, we do not, in return, come to their Beer Busts, or other functions around the community that need our support. Let's all make a better effort to get out there and support not only your

Colorado Prime Timers chapter but these other organizations who in turn support us. We must not always be on the receiving end, we must give also. Do your share.

Soon, I hope, the weather will be changing to become a little bit warmer. Also, Daylight Savings Time will be starting very soon, so some of these early evening events will show a increase in attendance.

As you know by now, PrideFest this year will be Saturday, June 15th and Sunday, June 16th.

We have been very fortunate to be able to once again participate in PrideFest, not only our own booth but once again in the Coors, Pepsi, and Water concession booths (*this has not yet been decided*). But as in the past, volunteers are badly needed. We can't afford to run short of volunteers as we usually do each year in the past. This is our biggest fundraiser of the year bringing in more than \$2000.00 for the two days. *It's not only fun, it's a whole lot of fun!!!!* Sign up sheets will be out the middle of May.

I keep asking, asking, begging and cajoling each and every week ahead of PrideFest for volunteers, but all I get back are slack-jawed stares. Come on, guys! The same goes for attendance at the varied activities. The coordinators work so hard to please. A number of activities have gone to the boneyard in the past because of lack of interest. There are once a month activities so it shouldn't be too hard to arrange your very busy schedule, unless, you really are content and with your *ennui*. That's the attitude that killed these activities before.

I am very proud to see that some Colorado Prime Timers come to the aid of our members. There are those members who provide transportation to members unable to either drive or carpool. That's what we're all about, helping each other when and where we can. Thank you for your generous service.

NOW, THAT'S THE WAY I SEE IT, how about you?

Happy St. Patrick's Day



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SPECIAL ACTIVITIES COMING UP



**ST. PATRICK'S DAY
POTLUCK**
Saturday, March 16th



BEER BUSTS AT TRADE
3:00 pm to 7:00 pm
Sunday, March 31st
Saturday, May 11th
Sunday, July 21st
Saturday, October 19th
Saturday, December 28th



DINING OUT FOR LIFE
Thursday, April 25th



PRIDEFEST
Saturday, June 15th,
Sunday, June 16th



MOUNTAIN PICNIC
Yet to be determined



**COLORADO
PRIME TIMER'S ANNUAL
CHRISTMAS PARTY**
Saturday December 14th



Colorado Prime Times Newsletter is available on the club web site and can be downloaded by members who do not attend the Wednesday Luncheons. Printed copies are still available at the Wednesday Luncheon and to any member who does not have online access.

E-MAIL NOTICE

Your Colorado Prime Timer web coordinator periodically sends a message to all members, primarily to inform everyone when the next newsletter is available on our website. If you are not receiving these messages it is because he either doesn't have your e-mail address or we have an incorrect address. E-mail addresses can be sent to **Ron Hurd** at ron@ronh.org. Also, don't forget to let our **Membership Director, Larry Jeffries**, know of any changes in your profile, Send to lejeff40@gmail.com.



We are now on
facebook. The link is:
fb.me/coprimetimers

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**Designer Men's
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"Adult Toys" &
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**Clean-Dry-Soft-Fresh & Ready To Use !
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Bruce Ruser
bruser_us@yahoo.com

EST 1990

303-697-1584



March



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday 1	Saturday 2
					Birthday Stephen Schneider	
3	4	5 Night On The Town 6:00 pm Birthday Dennis Oliver	6 Lunch Board Meeting Food Bank Ash Wednesday	7	8	9 Over-Easy Breakfast
10 Daylight Savings begins Birthday Bob McSherry	11 Hand, Knee, and Foot Cards	12	13 Lunch General Meeting Birthday Tone Ellis De Jesus	14	15 Birthday Reyaldo Mireles	16 CPT St. Pat's Party 
17 St. Patrick's Day 	18	19	20 Lunch Newsletter Deadline	21	22 Birthday Don Ross	23 Birthday Carl Shepherd
24 31 Beer Bust 	25	26 Birthday Don Johnson	27 Lunch  Newsletter Delivery	28	29 Birthday Kim Zeeb	

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